

## Appendix K. Test to Stay Protocol for Daycares

**Purpose:** Test to Stay (TTS) offers an alternative to traditional quarantine for close contacts who are not fully vaccinated or not [up-to-date](#) on their COVID-19 vaccines. This document is a one-page summary of the TTS protocol for daycares/preschools. For the complete guidance, please see the Virginia Department of Health (VDH) [TTS Guidance for Early Care and Education \(ECE\)/Child Care Programs](#).

**Eligibility:** Close contacts who meet the following criteria may participate in TTS:

- They are two years of age or older **AND**
- They do not have symptoms of COVID-19 **AND**
- They are able to wear a mask (except while eating, drinking, and napping) **AND**
- They are not eligible for COVID-19 vaccination or are not [up-to-date](#) on their COVID-19 vaccines **AND**
- They are not under continuous exposure within their household

### Test to Stay Elements:

1. Parents [consent](#) to their child participating in TTS.
2. Everyone participating in TTS uses a rapid test each morning before entering the facility (or **after** 7pm the night before) on **Days 1-5**.<sup>1</sup> Day 0 is the date that the close contact was **last** exposed to COVID-19. Participants must have at least one negative rapid test **on or after Day 5** before returning to daycare/preschool.

Example Date	Action/Event
Friday, Feb 18	Last Exposed to COVID-19 (Day 0)
Saturday, Feb 19	Day 1: Rapid Test (Optional), if negative can return
Sunday, Feb 20	Day 2: Rapid Test (Optional), if negative can return
Monday, Feb 21	Day 3: Rapid Test, if negative can return
Tuesday, Feb 22	Day 4: Rapid Test, if negative can return
Wednesday, Feb 23	Day 5: Rapid Test, if negative can return

Note: Tests on weekends/holidays are optional.

3. Parents/guardians share rapid test results with their child's daycare/preschool before dropping their child off at daycare/preschool.
4. Close contacts must wear a mask while at daycare/preschool **Days 1-10** unless actively eating, drinking, or sleeping.
5. Close contacts monitor for symptoms **Days 1-10**. If at any point a close contact develops symptoms of COVID-19 or tests positive for COVID-19, **they are no longer eligible to participate in TTS and should follow isolation protocols.**

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<sup>1</sup> Rapid tests include antigen or PCR tests collected at home, at a provider's office, or in a commercial space.

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### Test to Stay Results Log

Instructions: Print or save an electronic copy of this log to track test results for each close contact participating in the Test To Stay (TTS) program. **Keep one log for each index case & exposure group.** Enter the last **date of exposure** in the "Day 0" column and the **test results** (negative, positive, not tested) in the columns labeled Day 1, Day 2, Day 3, Day 4, and Day 5. If testing did not occur, please enter "Not Tested." For example, if Snow White goes home sick with COVID-19 on 3/4/22, the last date of exposure at Disney Daycare would be 3/4/22. TTS would start for Snow White's close contacts (Daffy & Minnie) on 3/5/22 at the earliest (note: TTS weekend testing is optional).

**NOTE: Test results are protected health information. Please store this log in a secure location.**

**Index Case** (Person with COVID-19): \_\_\_\_\_ *Example: Snow White*

**Cohort/Classroom of Exposure:** \_\_\_\_\_ *Example: Toddler 1 Classroom*

Name of Close Contact	Test Results					
	Day 0 Insert Date	Day 1 Test Result	Day 2 Test Result	Day 3 Test Result	Day 4 Test Result	Day 5 Test Result
<i>Example: Daffy Duck</i>	<i>3/4/22</i>	<i>Negative</i>	<i>Negative</i>	<i>Negative</i>	<i>Negative</i>	<i>Negative</i>
<i>Example: Minnie Mouse</i>	<i>3/4/22</i>	<i>Negative</i>	<i>Negative</i>	<i>Negative</i>	<b>Positive</b>	<i>Not Tested</i>